

**“Food is always about more than what simply fills the stomach.”**

- C. Rouse and J. Hoskins (2004)

### Introduction

What do vegetarians and cannibals have in common? What is the link between sugar and slavery? Why is it that many of us start our day by consuming an African beverage cultivated in South America and packaged and sold to us by Tim Horton's as distinctly Canadian? In an age of globalization why are we so concerned with sourcing local food products? These are but some of the questions that History 2158B will attempt to answer by looking critically at the place of food in world history. Through lectures, readings, films and discussions, students will consider the impact and influence of food upon politics, trade, conflict, and other aspects of society and culture.

### Student Learning Outcomes

Upon completion of this course, students should be able to:

1. Think historically about food and understand how tastes and perspectives changed over time and recognize that the past may be interpreted from different perspectives.
2. Outline the historical development of key concepts in the history of food (industrialization, globalization etc.) and how this impacted

economic development and cultural change.

3. Critically read, summarize and analyse secondary sources
4. Connect current food-related issues with their historical roots



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Email is the preferred way to reach me

Office Hours: Wed 5:30-6:30;  
Thurs 3:30-4:30; or by appointment

Required Texts: \*\* copies are available at the Western Bookstore and ON RESERVE at the Beryl Ivy Library

Jeffrey Pilcher, *Food in World History* (2006)

Jeffrey Pilcher, *Planet Taco: A Global History of Mexican Food* (2012)

**Grade Scheme:**

Midterm Exam 25% (10 Feb 2016)

Short Response Assignment (2) 15% each  
(26 Jan; 25 March 2016)

Book Assignment 15% (4 March 2016)

Final Exam 30% (TBD)

Extra assignments will not be given out or accepted to compensate for poor exam or assignment results.

**OWL powered by Sakai**

The course website is at [owl.uwo.ca](http://owl.uwo.ca). Log onto the site using your UWO user name and password. Here you'll find the course syllabus, handouts, digitized versions of readings and documents, lecture slides, links to reliable Internet sources, your grades etc. I will use OWL to make class announcements, so please check in at least once per week.

**The Fine Print****Regarding Academic**

**Misconduct:** The College (and I!) have a zero tolerance policy for cheating and academic misconduct. Please read carefully the [Policy on Cheating & Academic Misconduct](#) attached to the syllabus. Scholastic offenses are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offense, at [http://www.uwo.ca/univsec/handbook/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf)

**Medical and non-Medical Academic**

**Accommodation:** If you have extenuating or medical circumstances that will prevent you from writing a test or exam or

meeting an assignment deadline you should advise the instructor immediately. A make-up exam may be written or an extension granted but only after an adequate justification is provided. If documentation is required for either medical or non-medical academic accommodation, then such documentation must be submitted by the student directly to the Dean's Office of the student's home institution or faculty (Brescia students at Brescia, Western students at Western etc) and **not to the instructor**. Once the petition and supporting documents have been received and assessed, appropriate academic accommodation shall be determined by the Dean's Office in consultation with the student's instructor. For further information please see the [The Policy Regarding Makeup Exams](#)

and [Extensions of Deadlines](#) attached to the syllabus.

A Western [Student Medical Certificate](#) (SMC) is required where a student is seeking medical academic accommodation. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. Note that most walk-in clinics in London will have SMCs available, but for family physician visits, you should bring an SMC with you.

For work representing less than 10% of the overall grade, if a student is unable to meet a deadline etc. for reasons beyond their control, they should discuss the matter with the instructor in advance and give adequate justification.

### Lecture Schedule

**Please Note:** The weekly assigned readings are from Pilcher, *Food in World History*.

- 6 Jan Introduction: Food in World History
- 13 Jan Vegetarians and Cannibals  
The Labours of the Months  
- Pilcher, pp. 1-16
- 20 Jan The Spice Trade  
The Colombian Exchange  
- Pilcher, pp. 17-26, pp. 27-31 (read this section first)

#### 26 Jan – Short Response Assignment #1 due

- 27 Jan How the Potato changed the world  
Drug Foods: Chocolate
- 3 Feb Drug Foods: Coffee & Tea  
Video: *Black Coffee*  
Sugar and Slavery  
- Pilcher, pp. 38-39
- 10 Feb **Midterm**
- 15-19 Feb – Reading Week**
- 24 Feb Sugar and Slavery  
Video: *Big Sugar*  
- Pilcher, pp. 31-33, Ch.8
- 2 March Industrial Food  
The Calorie and the Rise of Nutritional Science  
- Pilcher, Ch.6
- 4 March – Book Assignment Due**
- 9 March Food and the World Wars  
*Planet Taco* discussion  
- Pilcher, pp. 87-89, Ch.10

### **Classroom Etiquette**

As a courtesy to your fellow students and to your instructor, please arrive on time for class as late arrivals disrupt other students and the flow of lectures and discussions. Do not leave class before it ends and be sure to notify me before class if this cannot be avoided. In addition, please refrain from reading newspapers, texting, or having conversations during lectures.

Finally, while students are encouraged to debate and discuss the course issues and themes in class, any discussions must be conducted within the grounds of appropriate classroom behaviour. Inappropriate disruptions, disregard for speakers, and/or personal attacks will not be tolerated. In short, please respect the views of your fellow students

### **Technology Use in Class**

In order to keep electronic distractions to a minimum please turn off all cell phones, mp3 players and other electronic devices before entering the classroom. If your phone rings, I reserve the right to answer it.

It is also forbidden to tape or electronically record lectures and/or discussions. Students must have a good reason to use recording devices and must request permission from me privately to do so.

The use of notebook computers and tablets is acceptable provided it does not disturb the class. Inappropriate use of notebooks during lectures and tutorials not only distract you, they also distract those around you and their use may be limited or banned if students are found to be using notebooks and tablets for purposes not class related. For safety reasons, students are also strongly advised to operate laptops with batteries rather than power cords. No electronic devices are permitted during tests and examinations.

16 March National Cuisines and National Identities  
The French Invention of Modern Cuisine  
- Pilcher, Ch.4, Ch.7

23 March The Green Revolution  
Famine and Hunger  
- Pilcher, Ch.5, Ch.11

**25 March – Short Response Assignment #2 due**

30 March Restaurants  
- Pilcher, Ch.9

6 April Summary and Review  
- Pilcher, pp.108-121

## Help & Resources

**If you are feeling lost or have any questions or concerns....**

### 1. Come and see me

You are welcome to speak to me before or after class, to email me, stop by during my office hours or make an appointment to meet at another time. Most questions and concerns can be easily resolved this way.

### 2. Get to know the Library staff

The library staff is eager to answer any questions and to familiarize you with the library's holdings and resources.

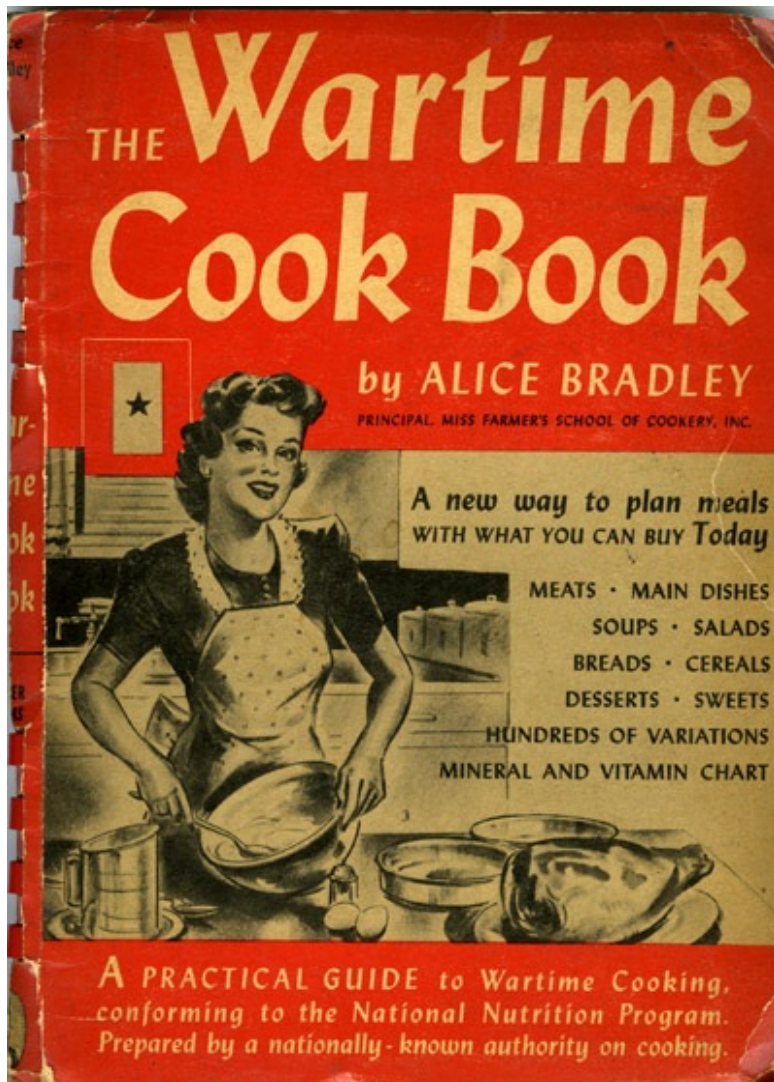
### 3. Visit an Academic Advisor

An academic advisor can help you make sense of University policies and help you to achieve your academic goals. Please note that you need to visit an advisor in your home institution or faculty (Brescia students at Brescia, Western students at Western etc).  
[http://brescia.uwo.ca/academics/academic\\_advising/index.html](http://brescia.uwo.ca/academics/academic_advising/index.html)

### 4. Support Services

For OWL and other computer related issues students are encouraged to contact the Information Technology Services Support Centre (519-661-3800 or ext. 83800).  
<http://www.uwo.ca/its/helpdesk/>

Students who are in emotional/mental health distress should refer to Mental Health@Western:  
<http://www.uwo.ca/uwocom/mentalhealth/>  
for a complete list of options about how to obtain help.



Left: Food played a vital part in the World Wars and food rationing was introduced in many countries. Published in the United States, *The Wartime Cook Book* (1942) contained creative recipes to make sure nothing went to waste.

# BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

## 1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation on medical grounds will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Appropriate academic accommodation will be determined by the Dean's Office in consultation with the student's instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded under the Medical Documentation heading of the following website: <https://studentservices.uwo.ca/secure/index.cfm> . If it is not possible to have an SMC completed by the attending physician/nurse practitioner, the student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student "was seen for a medical reason" or "was ill" is **not** adequate to support a request for academic accommodation. All documentation is to be submitted to an Academic Advisor.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full statement of University policy regarding extensions of deadlines or makeup exams can be found at <http://www.westerncalendar.uwo.ca/2015/pg117.html>

## 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, [www.registrar.uwo.ca](http://www.registrar.uwo.ca), for official dates). You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory.

### 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

### 4. POLICY ON CHEATING & ACADEMIC MISCONDUCT

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: [http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

#### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

#### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

### 5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she

may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Academic Rights and Responsibilities in the Western Academic Calendar.

## **6. PREREQUISITES AND ANTIREQUISITES**

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Similarly, you will also be deleted from a class list if you have previously taken an antirequisite course unless this has the approval of the Dean. These decisions may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course because you have taken an antirequisite course.

## **7. SUPPORT SERVICES**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/> . The Western Registrar's website is at <http://www.registrar.uwo.ca/index.html> . The website for the Student Development Centre at Western is at <http://www.sdc.uwo.ca/> . Students who are in emotional/mental distress should refer to Mental Health @ Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.