

**Psychology 1000, Section 530**  
**Introduction to Psychology**

**Dr. Leslie Janes**

**Fall/Winter 2016-2017**

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**COURSE DESCRIPTION**

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

**Prerequisites:** No prerequisites

**Antirequisites:** The former Psychology 020/022E, 023, Psychology 1100E, 1200.

**COURSE INFORMATION**

Instructor: Leslie Janes

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Telephone: (519) 432-8353, ext 28275

Office Hours: Monday 11:30-1:30 or by appointment

**Classes:** Monday 2:30-4:30, Rm. 303, St. James Bldg.

Wednesday 2:30-3:30, Rm. 303, St. James Bldg.

**COURSE OBJECTIVES**

By the end of this course, students should be able to:

- Compare and contrast different theoretical approaches to the study of psychology (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Understand psychology as a science, including research design and methodology used to approach the study of psychology (*critical thinking; inquiry and analysis; problem solving*)

- Recognize the different structures of the central and peripheral nervous system and their functions (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Understand how language, motivation, and cognition influence behaviour; and the processes involved in human and animal learning (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Discover how we develop as individual human beings, with unique capacities and differences in a social context (*critical thinking; inquiry and analysis; problem solving*)
- Critically analyze journal articles, and interpret the findings (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Students will also have an opportunity, via voluntary participation, to have an active role in the research process and to experience directly how psychological research is performed (*Brescia Competencies: critical thinking; inquiry and analysis; communication*)

### TEXTBOOK (Required)

Passer, M.W., Smith, R.E., Atkinson, M.L., Mitchell, J.B., & Muir, D.W. (2014) *Psychology: Frontiers and Applications (Fifth Canadian Edition)*. Toronto, ON: McGraw-Hill Ryerson.

NOTE: only textbook is required—no other materials

### CLASS SCHEDULE

| Date                   | Topic                           | Chapter      |
|------------------------|---------------------------------|--------------|
| <b>First Term</b>      |                                 |              |
| September 12           | Introductory Class              |              |
| Sept. 14               | The Science of Psychology       | 1            |
| Sept. 19, 21           | Research Methods and Statistics | 2 & Appendix |
| Sept. 26, 28, Oct.3, 5 | Biological Basis of Behaviour   | 3            |
| Oct. 10                | <i>Thanksgiving</i>             |              |
| Oct. 12                | Genes and Evolution             | 4            |
| Oct. 17                | MIDTERM EXAM                    |              |
| Oct. 19, 24, 26        | Sensation and Perception        | 5            |
| Oct. 31, Nov. 2, 7     | States of Consciousness         | 6            |
| Nov. 9, 14, 16         | Learning                        | 7            |
| Nov. 21, 23, 28        | Memory                          | 8            |
| Nov. 30, Dec. 5        | Language and Thinking           | 9            |
| Dec. 7                 | Review class                    |              |
| <b>Second Term</b>     |                                 |              |
| Jan. 9, 11             | Intelligence                    | 10           |
| Jan. 16, 18, 23        | Motivation and Emotion          | 11           |

|                          |                                      |    |
|--------------------------|--------------------------------------|----|
| Jan. 25, 30              | Development                          | 12 |
| Feb. 1, 6, 8             | Personality                          | 14 |
| Feb. 13                  | MIDTERM EXAM                         |    |
| Feb. 15, 27              | Stress, Health, and Coping           | 15 |
| Feb. 20-24               | <b>Reading Week, no class</b>        |    |
| Mar. 1, 6, 8             | Psychological Disorders              | 16 |
| Mar. 13, 15, 20          | Treatment of Psychological Disorders | 17 |
| Mar. 22, 27, 29, April 3 | Social Psychology                    | 13 |
| April 5                  | Last Class                           |    |

## EVALUATION & EXAM SCHEDULE

There are 4 exams in this course. The midterm exams are each worth 20% of the total grade, the Christmas exam is worth 25% and the final exam is worth 30% of the final grade. Additionally, 5% of the mark will be allotted for research (see section on research participation for more information). All exams will test knowledge of the lecture and textbook material. Both midterm exams (not the Christmas or final exam) will be written during class time. The exams are **multiple choice in format** and are **not cumulative**. All exams are closed book evaluations. In addition, no calculators or dictionaries are allowed into the tests or examinations. **There will be no re-taking of examinations nor extra work for the purpose of improving grades.** You must plan to study and prepare well in advance of the exams. Students are responsible for material covered in the lectures as well as the assigned chapters in the text. Below is a description of the material covered for each exam.

## EXAMINATION SCHEDULE

| <i>Exam</i>    | <i>Chapters Tested</i> | <i>Date</i>                               |
|----------------|------------------------|---|
| Fall Midterm   | 1, 2, 3, 4 & Appendix  | Monday, October 17 (in class)             |
| Dec. Exam      | 5, 6, 7, 8 & 9         | Christmas Exam - December exam period     |
| Spring Midterm | 10, 11, 12 & 14        | Monday, February 13 (in class)            |
| Final Exam     | 15, 16, 17 & 13        | Exam during the final exam period (April) |

Please note that grades **cannot** be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark. For questions regarding missed tests or exams, see the academic policies section, attached, or consult the professor or an Academic Advisor.

For academic accommodation to be considered for any course component worth less than 10% of the final course grade, it is the responsibility of the student to approach the course instructor(s) in a timely fashion. Documentation may be required to be submitted to the academic advisor. If documentation is required, the request for accommodation will be decided by the academic advisor in consultation with the instructor. If documentation is not

required, the instructor will make the final decision. The policies governing requests for academic accommodation for course components worth 10% or more of the course grade are outlined in the Academic Policies section included at the end of the course outline.

## **Research Participation**

In Psychology 1000, 5% of the overall mark is allocated to participation in Psychology with a “learn about research” theme. Such learning will be either practical or theoretical, allowing participation in research studies or production of short, general papers from reading selected research articles. All students must complete the participation requirement to gain these marks for the course. You may use any combination of papers or being a research subject as below to earn 5%.

### *Theoretical: Analysis of Research*

Students may complete up to five theoretical papers. Students will read journal articles and answer set questions on each article. Members of faculty teaching psychology will choose short, research focused articles to form a set of ten or so from which students may choose which they wish to read. Successful completion of one research paper report will be allocated a mark of 1%.

It is advised that students complete as many theoretical papers as they can early in the Academic Year as this is a time when research participation may not yet be available. Also it will be easier to get a theory paper done early on, rather than waiting until later in the term when you might be busy with research participation.

### *Practical: Research Participation*

Students will be granted 1% per 30 min of research participation up to a maximum of 5% (2.5 hours) of the final grade. Participation will be rounded up to the nearest half hour; i.e. a 20 min research study will count as one “unit” of participation and be worth 1%, a 40 min session gains 2%. This option gives an opportunity to be involved in the research process and to see how psychological research is performed.

Sign-up for research studies will be done using an on-line booking system. More information regarding this booking system will be provided during the first week of class.

**If you sign up for a study but you cannot attend the scheduled appointment, un-book as soon as possible.** If you cannot attend a scheduled appointment, go online and remove your name so that the scheduled time can be used to work with another participant and so that the researcher does not show up unnecessarily. Be considerate of the researcher and if you sign up, show up.

Most of the research studies that will be available are by Psychology Honours Specialization students who are conducting the research for their Honour’s Thesis. There may also be

research that is being done by Psychology faculty. All of the research studies posted in the Psychology Research Participation binder have been reviewed and given ethics approval. Only studies included in the Psychology Research Participation website can be used toward the 5% research participation mark in your Psych 1000 course at Brescia. **It is your responsibility to keep track of your research credits. Check your status periodically.**

*Deadlines:*

All participation in Psych. 1000 (research participation and theoretical paper or papers) **must be completed by April 3**. Any research participation or theoretical papers submitted after April 1<sup>st</sup> will not be considered. Do not leave signing up for research participation too late. Most of the research studies that will be available are studies being conducted by Honours Specialization thesis students. It is unlikely that any honours students will still be recruiting participants after mid-March. Most research studies will be looking for participants in January, February and early March. There may be a few research studies underway in November.

**Note:** No student may be forced to participate in research studies - this is entirely a voluntary action. If you do not feel comfortable with research participation, the alternative is to complete five theoretical papers. All students have the opportunity to gain the full 5% participation mark. If you do not complete the requirements for participation before April 1<sup>st</sup> you will not be allowed to “make up” the lost marks. You are strongly advised to write papers and/or participate in research studies as participation marks cannot be gained in any other way.

## **2016-17 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS**

### **1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES**

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student’s overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated. Documentation shall be submitted as soon as possible to the student’s Academic Advisor indicating the period of illness and when the student should be able to resume academic responsibilities. Students must submit their documentation along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. Appropriate academic accommodation will be determined by the Dean’s Office in consultation with the student’s instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded from: <http://www.westerncalendar.uwo.ca/2016/pg117.html> The student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student "was seen for a medical reason" or "was ill" is **not** adequate to support a request for academic accommodation.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full policy on requesting accommodation due to illness can be viewed at: [http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/accommodation\\_illness.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/accommodation_illness.pdf)

## 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, [www.registrar.uwo.ca](http://www.registrar.uwo.ca), for official dates). You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory (<http://www.westerncalendar.uwo.ca/2016/pg130.html> )

## 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

## 4. POLICY ON CHEATING & ACADEMIC MISCONDUCT

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: <http://www.westerncalendar.uwo.ca/2016/pg113.html>

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted,

any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Student Academic Appeals under Academic Rights and Responsibilities in the Western Academic Calendar (<http://www.westerncalendar.uwo.ca/2016/pg112.html> )

## **6. PREREQUISITES AND ANTIREQUISITES**

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

Similarly, you will also be deleted from a class list if you have previously taken an antirequisite course unless this has the approval of the Dean. These decisions may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course because you have taken an antirequisite course.

## **7. SUPPORT SERVICES**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at is at <http://brescia.uwo.ca/academics/registrar-services/>. The website for the Student Development Centre at Western is at <http://www.sdc.uwo.ca/>. Students who are in emotional/mental distress should refer to Mental Health @ Western [http://uwo.ca/health/mental\\_wellbeing/](http://uwo.ca/health/mental_wellbeing/) for information including a complete list of options about how to obtain help.

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.